April Observances & Fun Facts

April 2013 is Observed as

- Parkinson's Awareness Month
- Dog Appreciation Month
- National Garden Month
- Holy Humor Month
- International Guitar Month

Birthstone: Diamond
Flower: Sweet Pea
Color: Yellow and Red

April Showers Bring... May Flowers

Did you know?:
April was the second month in an early Roman calendar, but became the fourth when the ancient Romans started using January as the first month. The Romans called the month Aprilis. It may come from a word meaning 'to open', or it may come from Aphrodite, the Greek name for the goddess of love. Small animals that hibernate are usually coming out of their burrows in April. The birds fly back northward or they settle down to have their families. The bees and butterflies begin to gather nectar from the first flowers of the season. In some parts of the world, it's planting time. In other parts, it's the harvest season. Professional baseball begins in April. Then the amateur athletes begin to go outside in the warm weather. Spring cleaning starts and people start mowing their yards again. Special days celebrated in April begin with the first day of April, when children and grown-ups play jokes on one another. Arbor Day is a day for planting trees, and it is observed on various April days. The Jewish festival of Pescah (Passover) is celebrated early in April. Easter is almost always in April, and, with it comes other Christian celebrations such as Palm Sunday, and Good Friday.

National Volunteer Week
April 21st through the 27th

Every year, 62 million Americans volunteer at local schools, nursing homes, thrift shops, community centers and homeless shelters. Currently, 26 percent of the population donates an average of 52 hours of time (per person) a year—about an hour a week. The most active volunteers are those between the ages of 35 to 44. Our volunteers range from 9 years old to 90 years old and all of them deserve a collective pat on the back. So when you see one of our volunteers out there on the floor remember to say thank you this week and every week that they take time out of their day for us here at Bayside and Casa De Flores.

We are issuing a cupcake Throw down!

Special points of interest:

- Craft classes with Dawn Wednesday, April 10th and 24th in the activity room at 10:30 *Sign up at the desk
- Scenic Drive of the Coast 10am April 9th *Sign up with the Activities Dept
- Fiddle Tatts in Concert Tuesday, April 16th at 3pm in the St II Dining room.
- Low Vision Support and Educational group Wednesday, April 24th at 11am
- Avila Farmers Market starts back up Friday April 16th at 4pm in front of the Old Custom House Seniors Saving Seniors will be selling their Homemade Grand paw's Cookies.
- The Traveling Storyteller Bruce Isham in the St II dining room at 2pm April 26th.

Join us in our cupcake Challenge
Friday, April 12th at 10:00am in the Conference room of Bayside Care Center

There will be a $100 Grand prize for best overall cupcake
Rules: All entries must be in by 10am on Friday morning
1 dozen cupcakes must be submitted for judging
(One for judging, the rest will be up for sale to benefit our safety committee)
They will be judge on flavor, presentation and creativity
Judging will take place at 11:00am
April Birthdays

Resident birthdays:
Jack Crowell 1st
Dorothy Feldhacker 3rd
Jeanne Currie 8th
Sandra McCreery 13th
Catherine Clarkson 15th
Evelyn Price 20th

Staff Birthdays:
Martha Verastegui-Arce 1st
Lorraine Adelberg 5th
Chelsea Hicks 15th
Patricia Lepe 15th
Dennis Baldonado 20th
Renae Bishop 21st
Amber Patton 29th

Department Head Directory
Administrator
Harold Carder
Receptionist
Renae Bishop
Admissions Coordinator
Denise Kudlac
Activities Director
Makena Tolley
Director of Nursing
Melanie Gutierrez
Social Services Director
Tracy Graham
Dietary Supervisor
Mike Aspras
Housekeeping Supervisor
Romana Verastagui
Maintenance Supervisor
Clay Pointer
Director of Staff Development
Humane Resources
Erica Gomez
Director of Therapy Services
Monica DeNatly
Business Office
Anne Dixon
Dietician
Tina McClure

As Always please feel free let us know if you have any concerns. We are dedicated to providing quality skilled nursing in an attractive, warm and welcoming atmosphere. We are committed to providing tender, loving care for all our residents.

Bayside Care Center
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Morro Bay, CA 93442
805-772-2237
Fax: 805-772-2536

It's always a great day when you live by the bay.....